Mental Health Support in Gateshead

BE A GAME CHANGER

www.nufoundation.org.uk/beagamechanger/

Believe in children
Barnardo's

www.barnardos.org.uk/gateshead

carerstrust
Tyne & Wear Crossroads Carer Services
action·help·advice

www.carerstrusttw.org.uk/our-services/

CHANGING LIVES

www.changing-lives.org.uk/

Children North East

www.children-ne.org.uk

ChilliStudios

www.chillistudios.co.uk

citizens advice Gateshead

www.citizensadvicegateshead.org.uk/

COMMUNITY COUNSELLING COOPERATIVE

www.communitycounsellingcooperative.co.uk

creative SUPPORT

www.creativesupport.co.uk/

Cruse Bereavement Care

www.cruse.org.uk/

EXPERTS BY EXPERIENCE
Newcastle Gateshead Network
Equal and diverse people making change happen

www.fulfillinglives-ng.org.uk/

Gateshead Clubhouse

www.gatesheadclubhouse.com/

Gateshead Talking Therapies 0191 283 2541

www.gatesheadtalkingtherapies.nhs.uk/

bringing words to life!
Gateshead Libraries

www.gateshead.gov.uk/Libraries

MOVING FORWARD

www.movingforward-northeast.co.uk

mhm mentalhealthmatters

www.mhm.org.uk

ONE YOU GATESHEAD

@OneYouGateshead

OurGateshead

www.ourgateshead.org/

Mental Health Support in Gateshead

mind for better mental health
Tyneside and Northumberland
www.tynesidemind.org.uk/

NHS Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
www.cntw.nhs.uk/

NHS Gateshead Health NHS Foundation Trust
www.qegateshead.nhs.uk/

NHS South Tyneside NHS Foundation Trust
The path to excellence
www.stsft.nhs.uk

niwe eating distress service
www.niwe.org.uk/

NORTH EAST COUNSELLING SERVICES
www.necounselling.org.uk/

Facing Depression Together
PeerTalk
www.peertalk.org.uk/

RE-CO-CO RECOVERY COLLEGE COLLECTIVE
www.recoverycoco.com

RICHMOND FELLOWSHIP MAKING RECOVERY REALITY
www.richmondfellowship.org.uk/

SAMARITANS
www.samaritans.org/branches/newcastle/

WinG Making learning an adventure
www.wing.org.uk/

Young People (under 25)

Streetwise
Free confidential advice & information for young people
www.streetwisenorth.org.uk/

www.ywop.co.uk

Older people (50+)

GATESHEAD OLDER PEOPLE'S ASSEMBLY
www.gateshead opa.org.uk/

ONE YOU GATESHEAD
@OneYouGateshead

OurGateshead
www.ourgateshead.org/

Mental Health Support in Gateshead

Older Person's Mental Health Services'

QE Gateshead
Quality and excellence in health

www.qegateshead.nhs.uk/mentalhealth

Women Only

tyneside women's health
Improving women's mental health and emotional wellbeing

www.tynesidewomenshealth.org.uk/

Asylum seekers and refugees

Peace of Mind Communities

www.peaceofmindnortheast.org.uk

Learning Disabilities

NHS Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

Gateshead Community Team Learning Disability

http://bit.ly/GCTLearningDisability

Veterans

AFOS
ARMED FORCES OUTREACH SERVICE
A Local Authority Partnership

www.armedforcesoutreachservice.org/

FIRST LIGHT
GATESHEAD VETERANS SUPPORT GROUP

WALKING WITH THE WOUNDED

https://walkingwiththewounded.org.uk/

NHS
Veterans' Mental Health Transition, Intervention and Liaison Service

http://bit.ly/VMHTILS

Emergency Services

BLIPS
BLUE LIGHT PEER SUPPORT

www.mind.org.uk/news-campaigns/campaigns/blue-light-support/

Housing support

2WAY tenancy SOLUTIONS
for DEVELOPMENT, EMPOWERMENT & SUCCESS

www.2waytenancy.co.uk/

ONE YOU GATESHEAD

@OneYouGateshead

OurGateshead

www.ourgateshead.org/

Mental Health Support in Gateshead

The Gateshead Housing Company – Working with Gateshead Council www.gateshead housing.co.uk/	home group www.homegroup. org.uk/	homeless link www.homeless .org.uk	karbon homes www.karbonhomes .co.uk/
Shelter https://england. shelter.org.uk/	**Online Support**	 https://web.ntw.nhs. uk/selfhelp/	EVERY MIND MATTERS www.nhs.uk/oneyou/ every-mind-matters/
NHS MOODZONE www.nhs.uk/conditions/ stress-anxiety- depression/	**Other support**	NORTHERN POWERGRID www.northernpower grid.com/care	ROYAL VOLUNTARY SERVICE www.royalvoluntary service.org.uk/

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www.ourgateshead.org/